

THE ULTIMATE

Beach Vacation Checklist

FOR FAMILIES



SUN PROTECTION

Lotion Sunscreen
Spray Sunscreen
Stick Sunscreen
Swim Shirts & Swim Suits
Hats
Umbrella
Sunglasses
SPF Chapstick

FOOD

Ziplock Bags
Premade Sandwiches
Squeeze Treats
Chips or Pretzel bags
Cheese Sticks
Grapes
Meat Jerky
Juice Boxes
Water Bottles
Single Serving Powder packs

FUN

Sand Toys
Balls
Cars
Boogie Boards
Buckets
Frisbee
Soccer/Tennis/Volleyball
Goggles
Swim Fins
Snorkel Gear
Books to read

ESSENTIALS

Flip Flops
Water Bottles
Tide Chart
Coins/Dollars
Ziplock Bag for phone
Towels
Beach Chairs

CLEAN UP

Change of Clothes
Baby Powder
Dust Broom
Gallon of Water

TRANSPORT

Backpacks
Large Wheel Wagon
Stroller